



Suncare
COMMUNITY SERVICES



Home Care Packages

Suncare Community Services provide in-home care to people who are ageing, living with a disability or mental illness and offer a range of respite services for carers.

Suncare have been providing quality in-home care for over 40 years. During this time, we have learnt just how important it is for you to be able to live independently in your own home with familiar surroundings, and to stay connected with family, neighbours and your community.

Our friendly team spend time getting to know you and your precise needs, so we are able to tailor a care package to suit you, at a time convenient for you. The individual care plan can be for as much or as little help as you need or want, so you can keep living life your way.

Home Care Packages

Home care packages are now delivered on a Consumer Directed Care (CDC) basis. This means you (and your carer) have more choice and control, not only over what services are delivered but where and when they are delivered.

This means, it's more about you –

- YOU get more say in the care and services you access, how they are delivered and who delivers them to you
- YOU have conversations about your needs and goals
- YOU work with your service provider to develop your individual support plan
- YOU agree how much involvement you have in managing your care package
- YOU know how your package is funded and how your individual budget is spent through monthly income and expense statements
- WE will ensure that your package continues to meet your needs with ongoing monitoring and formal review

So, how does it work?

The Australian Government provides a subsidy to an approved home care provider (such as Suncare) towards a package of care, services and case management to meet your individual needs. Each level of home care package provides a different subsidy amount. This amount is paid to your selected approved home care provider. The subsidy contributes to the total cost of your services and care delivery. It is expected that you will contribute to the cost of your care where your personal circumstances allow.

It is important to note that Suncare can be your service provider if you choose. Suncare will work with you to identify a total package of care and services to meet your needs so you can continue to live a more active and independent life. As an existing customer of Suncare, you are familiar with our level of commitment but may not be aware of the complete range of services we provide. We would welcome an opportunity to discuss further services in detail with you.

Suncare's Services



MEALS

Our meal service offers freshly prepared meals delivered directly to your door. However, if you just need a little help to prepare your own meals, our friendly staff can assist you in your own kitchen.



TRANSPORT

If driving is a concern and public transport is too difficult, our friendly drivers will pick you up in one of our cars or mini-buses and help you access many services, including hospital and GP appointments, bank or post office visits or just general shopping trips. We even arrange trips to visit loved ones.



HOUSEKEEPING

If you are in need of help around the house, whether it is just a general vacuum once a week or a full house clean, our friendly staff can assist you with a range of domestic tasks.



PERSONAL CARE

Our caring staff are here to help if you are struggling with daily self-care tasks. If you need assistance for a few weeks while convalescing, or as an ongoing requirement, we can support all your needs such as dressing, bathing, eating and grooming as well as moving around your home and assistance with self-administered medication.



HOME MAINTENANCE

Keeping up with home maintenance and household repairs can be difficult, so making sure your home and gardens are safe and habitable can be one less job for you. Suncare can provide a range of solutions to keep your home safe and sound, including lawn mowing, gutter cleaning and general repairs to name just a few.



COTTAGE RESPITE

Suncare offers a home away from home for carers and their recipients. Our cottages are available for those occasions when the person you care for cannot be in their usual place of residence. Staffed by our qualified Support Workers, our cottages are suitable for short-term stays and for people with low care needs.



DAILY CONTACT & SUPPORT

Social contact and accompaniment can help to bridge the gap if you are feeling isolated. If you just need a phone call each day, a visit from a staff member, a trip to the shops or a visit to local services such as the dentist or doctor, even if you need assistance with your paperwork or letter writing, a friendly Suncare staff member can be there with you.



SOCIAL EVENTS & ACTIVITIES

Our social groups assist in the participation of community life and are a popular way to enjoy some time away from home in a supportive environment.



IN-HOME RESPITE

Whether a regular service is required or simply a short-term solution is needed, our in-home respite care provides support for you and your carer. Giving your carer an option to take a break can often lengthen the time they are able to look after you, so you can remain in your own home.



COMMUNITY RESPITE

Community respite provides an opportunity for social experiences to develop and to maintain and support independent living and social interaction while also offering respite to your carer. We offer a wide range of activities, based from both a Community Centre and through group excursions.



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*Whatever your needs,
Suncare has a solution.*

*We are here to make
your life better.*

Contact us

 1800 786 227

 info@suncare.org.au

 PO Box 1896
Sunshine Plaza QLD 4558

suncare.org.au

