



WHATS ON



MULTICULTURAL WOMENS COFFEE MORNINGS

are held at the Maroochy Neighbourhood Centre on the 1st Monday of each month commencing at 10.00am

All women are welcome. Come along and enjoy the fun and friendship.

For more information please phone 5477 1131.

MULTICULTURAL DINNER is held at the Centre on the last Friday of each month commencing at 6pm.

To celebrate its International Day, Uruguay will be the theme for September dinner.

Canada will be the theme for October as it is the month of its International Day.

All are welcome. Please bring a plate to share.

For further information phone 5443 6696.

INTERNATIONAL GROUPS/ACTIVITIES

Women's Multicultural Coffee Morning: Held 1st Monday of each month 10.00am.

Multicultural Dinner: Last Friday of each month – 6.00pm

SUPPORT GROUPS

Diabetes Support Group: Meets 3rd Monday of each month 1.00am to 12noon.

Arthritis Support Group: Meets 1st Thursday of month 1.00pm to 2.30pm.

Post Polio Support: Meets 1st Friday of every second month 10.00am to 12noon.

Sunshine AA: Meets every Friday – 8.00pm to 9.45pm.

MISCELLANEOUS GROUPS:

Free counselling: Each Wednesday

Appointments essential

Free Tax Help: From July to October.

Bookings necessary

“Women to the Move” – ongoing workshops for women who are or have experienced domestic or