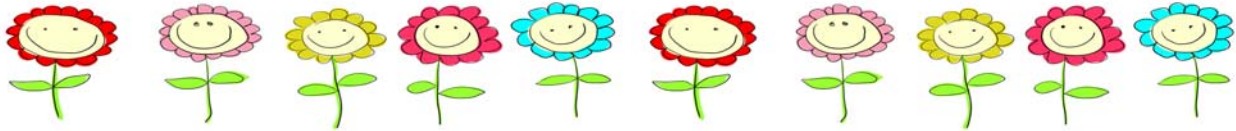




Compliments



We all know what a Complaint is, but I am sure you will agree Compliments are altogether very different. Compliments are a simple, yet powerful, relationship building tool. There are many different reasons to give a compliment. The most compelling - it makes you feel good. You cannot give a sincere compliment without feeling great. It's impossible.

Why does it feel so wonderful to pay a compliment to someone? Maybe it is because you are connecting honestly, directly, and kindly with another human being. Or it is a basic need that doesn't get met often in our fast-paced, media-hyped, demanding, often disturbing, negative-slanted, technical world.

There are also many hidden benefits to giving compliments. It's amazing that such a small, simple skill like giving away compliments can change the way you view yourself and the world around you. It will strengthen your relationships, boost your self-esteem, and increase your self-confidence and it will do the same for others.

Each time you give a compliment, you focus completely on the other person. You actively look for positive traits or attributes and specific examples. By doing this on a regular basis (it is suggested 5 times a day), you begin to see how richly multifaceted people really are. People's positive traits jump out at you. Your thought processes shift from looking for the worst in people to looking for the best. Being proactive spills over into many facets of your life as you see the possibilities, not the obstacles.

Compliment giving is a jump-start for looking at the world in a positive, refreshing, stimulating, and creative way with the glass half full rather than being half empty.

Knowing something is good for you doesn't always translate into action so you are encouraged to make compliment giving a habit – and a good habit at that!! All you need to do is give away 5 compliments a day. It doesn't take long to give away five compliments. That is five heartfelt, honest-to-goodness, acts of kindness. It costs nothing but a little time, energy, and the desire to make your life and the lives of others better.

Compliments are defined as gracious words, given freely, which create happiness for both the giver and the receiver. They are based on the universal truth that - everyone appreciates kindness.



Reference: www.complimentday.com

Please note that if you are a client and you receive a phone call from a Quality Assurance Officer undertaking a survey on Suncare's services they really do appreciate your comments and participation. It is also a privilege for them to talk to you and for you to feel confident to express what is on your mind regarding services and improvements, and particularly when you are considerate enough to pay compliments to staff that they can then pass on.

Kind Regards from the Quality Assurance Manager carol@crcsc.com.au Ph: 54095900